

How is bullying defined?

Intentional behavior, which is typically repeated, that hurts, harms, or humiliates a student, either physically or emotionally, and can happen while at school, in the community, or online.

Those bullying often have more social or physical “power,” while those targeted have difficulty stopping the behavior.



Bullying Defined (PACER's National Bullying Prevention Center)

- Behavior that hurts or harms another person physically or emotionally, and
- An inability for the target to stop the behavior and defend themselves, and
- An imbalance of power that occurs when the student doing the bullying has more physical, emotional, or social power than the target, and
- Repetitive behavior; however, bullying can occur in a single incident if that incident is either very severe or arises from a pattern of behavior

Websites:

<http://www.pacer.org/bullying/> PACER's National Bullying Prevention Center: Information and strategies for parents to advocate for their children. Student stories, video and additional resources.

<http://www.opheliaproject.org/parents.html> Project Ophelia: PA Nonprofit organization aimed at educating and providing resources on relational aggression (peer to peer aggression generally occurring between girls that is nonphysical but uses words and relationships to cause harm)

<https://www.stopbullying.gov/> Federal initiative for bullying prevention contain helpful information, links, and resources

<http://www.thebullyproject.com/> The Bully Project is the social movement that inspired the film BULLY. (A copy of the movie Bully is available for free in the guidance office that parents may sign out- call or email Mrs. Walters for details)

<http://endcyberbullying.net/preventing-cyberbullying/> Delete Cyberbullying is a project aimed at ending online harassment. Contains articles for students, parents, and links to resources